



FOXWOODS[®]

RESORT ♦ CASINO

THE *Wonder* OF IT ALL

G SPA

AT FOXWOODS

FACT SHEET





ABOUT THE G SPA

G Spa represents the vision of its founder, Gretta Monahan. Gretta is best known for her groundbreaking and award-winning salons and fashion concepts. Her beauty and fashion vision are well-documented on television, and in beauty and fashion editorial in magazines such as *Vogue* and *Marie Claire*. She is a regular guest on *The View*. When Gretta was invited to be a part of the new Fox Tower, she knew she had a unique opportunity to create a spa that offered an unparalleled level of luxury and service.

Indulge in a 21,000-square-foot destination spa experience. The G Spa is an oasis of serenity, pampering, and rejuvenation—a restorative respite from the bustle of the gaming and entertainment venues. Guests are treated to a pleasing menu of relaxing massages, invigorating body treatments, soothing facials, and a complete array of hair and nail services. The G Spa also boasts two body treatment rooms with cascading Vichy showers, and two luxurious couple's suites. Experience the relaxing water theme from the moment you walk through the door. Try the waterfall whirlpools, eucalyptus steam room, sauna and indoor lap pool. Enjoy a spectacular view of the Connecticut countryside throughout the facility.

The Native American tradition is to heal both the body and spirit. With respect for the hosts at Foxwoods, unique Native American-inspired services are offered. Many of these relaxing and replenishing rituals use the calming and cleansing properties of one of the essential elements of life—water—while others utilize the components crucial to the Native American culture including clay, salt and custom herbal mixtures.

Guests are invited to spend the day working out in the full-service fitness center, or just relaxing and spa dining by the indoor lap pool, outdoor sun patio and spectacular co-ed Jacuzzi. The locker rooms are appointed with raindrop massaging jet showers, waterfall Jacuzzis, eucalyptus steam rooms and saunas. We recommend a pretreatment hydrotherapy to enhance the experience.

SIGNATURE TREATMENTS

(An East-Meets-West Philosophy)

Hydrating Milk & Honey Body Scrub & Wrap - A G Spa favorite by clients and staff alike, this treatment is a decadent treat for the skin. Using our effective sugar scrub and fragrant body masque, this treatment hydrates head to toe. The result: silky smooth and radiant skin for days.

Blueberry Lemonade Facial - Designed to address a multitude of skin concerns and reveal glowing bright skin, this peptide rich facial is for a variety of skin types. Infused with powerful antioxidants from blueberry and calming citrus components, this facial is recommended year-round by our expert estheticians.

Thai Massage - In the Thai massage, the therapist uses his or her hands, knees, legs and feet to move you into a series of yoga-like stretches. Muscle compression, joint mobilization and acupressure are applied during treatment. Thai massage is more energizing and rigorous than more classic forms of massage.

You are fully dressed in loose clothing, and no oil is applied. Thai massage is performed on a padded floor mat or a massage table.

SPA LOCKER ROOM FACILITIES

- Waterfall Jacuzzi®
- Sauna
- Eucalyptus Steam Room
- Locker room/changing area
 - Raindrop massaging showers
 - Full amenities
- Robes and slippers provided

HOTEL AND DAY GUESTS WELCOME

\$80 Day Pass fee Monday, Wednesday, Thursday

\$50 Day Pass fee Tuesday

Day Passes are not available Friday, Saturday, Sunday

COUPLES

- Two couple's treatment rooms
- Co-ed Jacuzzi® and tranquility waiting area

INDIVIDUAL GUESTS

- Minimum age is 21
- Prenatal massage is available
- Many of our services are designed for singles or couples

GROUPS

- Customizable packages are available upon request
- Corporate Events: 115,000 square feet of state-of-the-art, flexible meeting space, including our 50,000-square-foot, pillar-less ballroom, two spectacular outdoor garden and terrace areas, and our impressive 4,000-seat Grand Theater

SWIMMING POOL

- Indoor lap pool in Spa
- Heated year-round

FITNESS CENTER

Size: 4,000 square feet

Location: In the Spa

Life Fitness® equipment:

- 7 pieces of cardio equipment
- Full set free weights
- Full set weight circuit

CONTACT

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